Unconscious Bias

Reflection questions:

1. What was the most valuable part of this series?
2. What did you learn about yourself in completing this series?
3. How might you approach leading a team differently because of this series?

Answers:

1. For me, the most valuable lesson learned was by just being aware of my unconscious biases, I can change my perspective(s) and improve myself, and my relationships.

Bias is inherent in everyone - but by being aware of it/recognizing our biases, we have a good chance to mitigate the adverse effects and maybe even gain positive effects!

1. I too have had biases that I have overcome (Adroit Story: Deadpool Car Stickers). Having courage, curiosity, and empathy can enact powerful changes in my/other's lives.
2. I will focus more on improving my network(s), by cultivating many different relationships, with many differing folks. I can learn (and teach) many/varied/unexpected lessons from everyone

\* Upload this as part of your Checklist Evaluation to submit to your leader